

**Bucks County Community College Women's Center
Presents:**

**A Day of Complementary Therapies
February 18, 2009**

Newtown Campus, Allied Health Building, 2nd Floor

9am: Suzette Gore, Chinese Medicine/Acupuncture

History, Theory, Tools & Techniques of Traditional Chinese Medicine will be explained in this presentation.

10:00 am: Nita Keesler, Stretching and getting back in balance

Therapeutic stretching to promote self healing will be discussed in this presentation.

11:00 am: Cathy Scarpello, Healing with Crystals

An overview of how the subtle energies of crystals can be applied to your nursing practice to make a profound difference. Cathy will discuss the properties of various crystals, as well as the care of crystals, and the different ways that crystals and gemstones can be used to bring more peace and centeredness to your day to day nursing.

1:00 pm: Hannelore Goodwin, Reiki

An overview of what Reiki is and how it works, what it can and cannot do, a brief history of Reiki and the three degrees of Reiki are explained in this presentation.

2:00 pm: Karen McGlynn, Chiropractic

Chiropractic adjustments release interferences in the spinal system, freeing the wisdom of the body so that the power of the life force within can flow to every cell of the body. An overview of Chiropractic principles and care will be presented.